



Contract Program Descriptions

CONSUMER-OPERATED WARMLINE – The focus of the Warmline program is to provide a telephone connection for people with mental health challenges who are isolated, feel the need to speak with another consumer about a variety of issues related to their mental health and/or are requesting information about a community resource in or out of the mental health system. The Warmline provides the opportunity to talk through situations, vent feelings or make a connection that reduces feelings of isolation. Funded through the Sonoma County Behavioral Health Division, with Mental Health Services Act (MHSA) funds. The Warmline is available Friday, Saturday and Sunday evenings, 5:30-9:30, by calling (707) 565-4466. No referral required.

CONSUMER RELATIONS PROGRAM – The Consumer Relations Program (CRP) works closely with Sonoma County Behavioral Health Division (SCBHD) to provide a consumer perspective in transforming Sonoma County’s mental health system to a recovery vision that is consumer-driven and holistic in its services and supports. The program creates awareness of opportunities for involvement in transformation activities to increase knowledge of, and participation in the development and provision of mental health services. CRP recruits, engages, supervises and supports consumers as volunteers and interns in mental health agencies and organizations. Program goals include increasing peer presence and voice by supporting peer involvement in all aspects of the Sonoma County mental health community; promoting mental health system transformation through peer participation in quality improvement activities; expanding awareness of mental health recovery to all segments of the mental health community; and working to encourage consumer participation. Funded through the Sonoma County Behavioral Health Division, with Mental Health Services Act (MHSA) funds. No referral required.

INMATE JOB SKILLS CLASSES – Building Skills for Life and Work is a comprehensive 12 week program designed to provide the critical job and life skills needed for an individual to be successful in their daily interactions with family, co-workers, employers and the community at large. The course utilizes a successful evidence-based curriculum that helps hard to reach adults prepare for success in work and life. The program is designed to build from beginning to end, with the initial focus on Attitude, however, the flexible format allows for continuous inclusion of new students without loss of focus. The coursework uses hands-on activities that teach critical thinking skills through individual reflection, discussions, small group work, and role plays. At the heart of the course is the “a-ha” experiences, learning through one’s own discovery, rather than through lecturing. The theoretical foundation of the curriculum utilized is the ecological model of family resiliency with the individual at the center encircled by Family and then Community, forming a support system against the stresses of life. The course teaches essential life skills to improve relationships at home, work, school, and in the community. All of the elements of a successful job search are incorporated into the course: resume development, master application, cover letters, references, thank you letters, interviewing and understanding the world of work including employer perspectives and expectations. Funded by the

INTERLINK SELF HELP CENTER – Funded through the Sonoma County Behavioral Health Department, this program provides a safe environment for individuals with psychiatric disabilities to improve their lives. Based on a philosophy of self-directed mental health recovery, the Self-Help Center provides a centralized location where persons with psychiatric disabilities receive individual and group peer support; linkage to vocational, housing, medical, and social services; receive training in peer support; participate in an intern training program; and engage in social and recreational activities. As a result, Interlink offers a concrete example of self-direction, success, and hope to persons with psychiatric disabilities, their family members, mental health professionals, and the community. No referral required.

MENTAL HEALTH COOPERATIVE – Provides pre-employment readiness classes and employment services for participants with psychiatric disabilities. Post-employment job coaching is available and tailored to the participant's needs based on changes in job duties, issues with job performance or personnel issues. A partnership between GIRE, the Sonoma County Behavioral Health Division and the Department of Rehabilitation, by referral only.

PEER SUPPORT PROJECT – The Peer Support Specialist (a member of the Mobile Support Team) assists mental health consumers who have been identified by the Mobile Support Team, agree to receive peer support services and have contact with Psychiatric Emergency Services. Funded through the Sonoma County Behavioral Health Division, with Mental Health Services Act (MHSA) funds. No referral required.

PETALUMA PEER RECOVERY PROGRAM (PPRP) – PPRP is designed to be a safe and open space conducive to mental wellness. Being a peer run facility means that PPRP is a community focused on sharing lived mental health experiences and facing mental health challenges. PPRP's mission is to build a community that fosters growth and recovery through connection with peers. Individual pathways to wellness, self-direction and mutual support is respected and valued. One-on-one peer support; help with resource navigation; a variety of support groups; opportunities to connect and socialize; creativity in arts, crafts, and music; honest discussion of unique experiences in an open, safe space; personal care and wellness tools are a few of the benefits available to members. Funded through the Sonoma County Behavioral Health Division, with Mental Health Services Act (MHSA) funds. No referral required.

SonomaWORKS COMMUNITY SERVICE PROGRAM (CSV) – Activities offered are designed to provide participants with successful community service placements, in their local areas, to provide participants with general employment skills, specific job skills, and an understanding of the work culture. For many of the individuals this is their first exposure to the world of work, making it vitally important that the placement is a positive learning experience. The ultimate goal of the program is successful job placement, retention and eventual self-sufficiency gained through unsubsidized employment. Funded by Sonoma County Human Services Department, by referral only.

SonomaWORKS ENHANCED SUBSIDIZED EMPLOYMENT PROGRAM (ESE) – The Enhanced Subsidized Employment program offers opportunities for eligible participants to gain valuable employment skills and experiences that will lead to unsubsidized employment. Participants will have the opportunity to determine what type of employment to search for, receive support and guidance, and have an increased chance to be placed in a position where they receive a paycheck due to the support received and the subsidy available to employers. ESE assists the employers through the initial hiring process by providing a subsidy to the employer as an incentive. Wage subsidies will be reimbursed to the employers up to **75% of the gross wages paid**, for up to 6 months. The maximum reimbursement to an employer is **\$10,000 per participant**. Funded by Sonoma County Human Services Department, by referral only.

SonomaWORKS JOB SEARCH SERVICES (Intensive Job Search/Targeted Job Search) –Job Search Services is a Temporary Assistance to Needy Families (TANF) program offered as a part of our SonomaWORKS contract that assists participants with gaining the skills needed to obtain employment. The four-week intensive program offers training in resume creation, master and online applications, mock interviews, networking, life skill workshops, job retention, and career planning. An additional four weeks of Targeted Job Search provides services similar to Intensive Job Search with additional targeted services based on the client’s need. Funded by Sonoma County Human Services Department, by referral only.

SonomaWORKS LEARNING ENHANCEMENT AND ACHIEVEMENT PROGRAM (LEAP) – Provides a wide array of services for SonomaWORKS participants, who have been screened and assessed to confirm the diagnosis of a learning disability. Participants receive case management assistance to pursue education, training, career services, community service, and job placement. In addition, the coordinator teaches participants the skills to advocate for their needs with employers and training programs. Funded by Sonoma County Human Services Department, by referral only.

SonomaWORKS TEMPORARY EMPLOYMENT PROGRAM (TEP) – The Temporary Employment Program offers SonomaWORKS participants short-term temporary employment within GIRE. Funded by Sonoma County Human Services Department, by referral only.

SonomaWORKS TRANSITIONAL WORK PROGRAM (TWP) – The Transitional Work Program is an intensive six-month program that will help SonomaWORKS clients build work skills through a combination of paid temporary work and unpaid training. Funded by Sonoma County Human Services Department, by referral only.

WELLNESS AND ADVOCACY CENTER – Members with psychiatric disabilities are offered an array of services and programs including employment and training, art classes, facilitated groups on a variety of topics, access to psychiatric services, community resources, peer counseling, a community garden and much more. Funded through the Sonoma County Behavioral Health Division, with Mental Health Services Act (MHSA) funds. No referral required.